Health Care Delivery Systems
Health care delivery system

A health care system is the totality of services offered by all health disciplines
Types of Health Care Services

- Primary prevention
  - Health promotion
  - Illness prevention

- Secondary prevention
  - Diagnosis
  - Early detection
  - Treatment

- Tertiary prevention
  - Rehabilitation
  - Health restoration
  - Palliative care
Types of Health Care Services

- Primary prevention
  - Health promotion programs addresses areas such as:
    - adequate and proper nutrition
    - weight control and exercise
    - and stress reduction
  - Health promotion activities emphasize the importance role clients play in maintaining their own health and encourage them to maintain the highest level of wellness they can achieve.
Types of Health Care Services

Primary prevention

- illnesses prevention programs may be directed at the client or the community and involve such practice as:
  - providing immunization
  - identifying risk factor for illnesses
  - help people take measures to prevent these illnesses from occurring
  - Also include the environmental program that can reduce the incidence of illnesses or disability e.g. air pollution.

- also include early detection of disease this accomplish through rotten screening e.g. mammograms screening, education to Brest cancer. Etc…
Types of Health Care Services

Secondary prevention

- **diagnoses and treatment**

- Hospital and physicians offices have been the major agencies offering these complex services
Types of Health Care Services

- Tertiary prevention
  - Rehabilitation
  - Health restoration
  - Palliative care
  - Rehabilitation: is the process of restoring ill or injured people to optimum and functional level of wellness
  - The goal of rehabilitation is to help people move to their previous level of health or to the highest level they are capable of given their current health status
  - Rehabilitation may begin in the hospital, but eventually lead client back into the community for further treatment and follow-up once health has been restored
Health Care Agencies
Health Care Agencies

- Government agencies
  - Public health services

- Physicians’ offices
  - Primary care
  - Routine health screening
  - Diagnosis and treatment
Health Care Agencies

- **Ambulatory care centers**
  - Diagnostic treatment facilities
  - Minor surgery

- **Occupational health clinics**
  - Run by companies for employees
  - Health promotion activities
Health Care Agencies

- Hospitals
  - Acute inpatient services
  - Outpatient and ambulatory care
  - Emergency department
  - Hospice care

- Subacute care
  - Variation of inpatient care
  - Technically complex treatments
Health Care Agencies

- Extended care facilities (formerly called nursing homes)
  - Independent living
  - Assisted, skilled, extended care facilities
  - Rehabilitation
  - Custodial care

- Retirement and assisted-living centers
  - For clients unable to stay at home, but do not require hospital or nursing home
Health Care Agencies

- Rehabilitation centers
  - Restore or recuperate health
  - Drug and alcohol
- Home health care agencies
  - Education to clients and families
  - Care to acute, chronic, or terminally ill
- Rural care hospitals
  - Federal funding
  - Services for rural residents
Health Care Agencies

- **Day-care centers**
  - Infants or children
  - Adults that cannot be left at home

- **Hospice services**
  - Care for dying in home or facility
  - Improve or maintain quality of life until death
Health Care Agencies

- Crisis centers
  - Emergency services for life crises
  - Counseling and support

- Mutual support or self-help groups
  - Health problems
  - Life crises
Health Care Professionals

- Nurses
- Alternative (complementary) care providers
- Case manager
- Dentists
- Dietitians
- Nutritionists
Health Care Professionals

- Alternative (complementary care providers)
- Dentists
- Nurses
- Nutritionists
- Occupational therapists
- Paramedics/EMTs
- Pharmacists
- Physical therapists
- Physicians
- Physician assistants
- Podiatrists
- Respiratory therapists
- Social workers
- Spiritual support personnel
- Unlicensed assistive personnel (UAPs)
Health Care Professionals

73-year old with heart failure, short of breath

- RN develops nursing care plan
- Dietician creates low-salt diet
- OT designs self-care activities that reserve client's energy
- Case manager communicates care plan to family and other providers
- Pharmacist supplies and teaches about medications
- Resp Therapist provides breathing treatments
- MD develops medical care plan, prescribes medications and treatments
- PT designs strengthening and balance exercise plan
Factors that Affect Health Care Delivery

- Increasing number of elderly
- Advances in technology
- Economics
- Women’s health issues
- Uneven distribution of services
- Access to health insurance
- Homeless and the poor
- Demographic changes
Frameworks for care

A number of configuration for the delivery of nurse care support continuity of care and case effective:

**managed care**:
- Describe a health care system whose goals are to provide cost-effective quality care that focus on decreased coast and improved outcome for a group of client
Case management:

- Involve multidisciplinary teams that assume collaborative responsibility for plan, assessing need and coordinate, implement and evaluate for group of client

Patient focused care:

- Patient focused care is a delivery model that brings all services and care provider to client
- Patient team care unit often have their own admission, pharmacy, laboratory, etc…
Differentiated practice:

- Consist of job description for nurse according to their education or training

Shared governance:

- Nursing staff are cooperative with administrative personnel in making client care policies.

Case methods

- Referred to as a total care
- One nurse is assigning to and responsible for the comprehensive care of a group of a client during an 8-12 hours shift
Functional methods:
- Focusing in the job to be completed (e.g. bed making. Temperature taking)

Team nurse
- Is the delivery of individualized nursing care to client by a team led by professional nurse.
- Consist of RN, LPN etc…
- Responsible for provide care for a group of client

Primary nurse:
- One nurse is responsible for total care of a number of clients 24 hours, 7 days a week.