AL aI-Bayt University Faculty ofNursing Adnlt Health Nursing-I Nm 1001221 First Exam 2003/2004

Students Name:	Student ID No: -()
Date:		

I- For each of the following questions, circle the best answer: -

- 1- Which of the following clients is legally allowed to give informed consent?
 - a- An unconscious client.
 - b- A client who is sedated.
 - c- A 14-year-old client who requires surgery for his broken ann.
 - d- A client who can't read.
- 2- A 76-year-old client hospitalized with a myocardial infarction is later diagnosed with congestive heart failure. **Which** of the following statements is true of the client's nursing diagnoses?
 - e- The nursing diagnosis will relate to the client's response to a disease process or health problem.
 - f- All clients with CHr will have the same nursing diagnoses.
 - g- The client will have the same nursing diagnoses throughout her hospital stay.
 - h- The physician will need to approve the client's nursing diagnoses.
- 3. A nurse receives an order to insert an indwelling catheter in a client ftc is unable to void. The previous shift reports liar the client did rot void in the past 12 hours, What is the most important step for the nurse to take just before inserting the catheter.
 - a- Determine if help will be needed during the procedure.
 - b- Ask family members to leave the room.
 - c- Reassess the client for a change in condition.
 - d- Gather supplies.
- 4. What are the key elements of a nursing outcomes classification (*NOC*) outcomes?
 - a- A definition, a measuring scale, and indicators.
 - b- A definition a measuring scale, and a label
 - c- An etiology, a scale, and indicators.
 - d- An etiology, a diagnostic label, and indicators.
- 5- Which of the following is an example of an evaluation statement.
 - a- The client had improved ambulation.
 - b- Goal not met: Rate 26-36/mm.
 - c- The client signed the consent for treatment.
 - d- Using correct breathing technique after instruction.



- 6. An important nursing assessment to make pdor to surgery is the condition of the client's teeth, what is the rational forthis nursing assessment.
 - a- Discolored teeth mean the client has a low RBC.
 - b- Poor oral hygiene can affect the outcome of the surgety.
 - c- it helps to determine the hydration states of the client, which will affect the type offluids the physician orders.
 - d- Loose teeth can be dislodged and aspirated.
- 7. A clinic nurse is assessing a variety of clients. Which of the following client and observations would require validation.
 - a- A client with a history of hypertension has nominal vital sings.
 - b- A client ,~ith chronic obstructive lung disease is short ofbreath.
 - c- A client insists she tales her medication as ordered but too many pills are missing from her medicine container.
 - d- A client admits that be often forgets to take his medication.
- 8. fluring the intraoperative phase, the circulating nurse should kitows that one of her/his main responsibility is:
 - a- Coordinating the team.
 - b- Scrubbing for surgery.
 - c- Preparing the sutures.
 - d- Setting up the sterile tables.
- 9. 'The nurse should knows that the preoperative phase begins:
 - a- With the admission of the patient to the post anesthesia care unit
 - b- When the decision for surgical intervention is made.
 - c- When patient transferred to the operating room.
 - d- Any one of the above.
- 10. The nurse should prepare the patients bowel for surgery in order to:
 - a- Prevent the aspiration of food and fluid.
 - b- Make the abdominal organs more accessible.
 - c- Prevent trauma to the intestine.
 - d- All of the above.
- 11. The nurse should understands that the post operative patient in the initial hours should be checked for:
 - a- Adequate ventilation.
 - b- Incision pain.
 - c- Nausea and vomiting.
 - d- All of the above.
- 12. Mr. (O) is complaining of sever postoperative pain in his abdomen, the well-established nursing diagnosis for this case Is:
 - a- Altered comfort (pain) Ri abdominal surgery.
 - b- Altered comfort (pain) RT anesthesia.
 - c- Decreased comfort (pain) Ri abdominal surgery.
 - d- Decreased comfort (pain) RT anesthesia.



Mr. Ali 30 years old admitted to surgical floor with upper tight quadrant pain, investigations & lab lests revealed gall bladder infection, so he is scheduled for cholycestectomy to be done within 2 days (Q 13,14)

- 13. The categories of Mr. Au surgery based on urgency is:
 - a- Emergency.
 - b- Urgent.
 - c- Required.
 - d- Elective.

14. Coordinating the surgical team, availability of supplies & equipment, preparing and monitoring of a septic technique is the responsibility of

- a- The registered nurse first assistant.
- b- The scrub nurse
- c- The circulating nurse.
- d- All of the above.
- 15. The position in which the head & body are lowered and the knee are flexed, and usually used for lower abdomen surgery is:
 - a- Dorsal recumbent position.
 - b- Trendlenburg position.
 - c- Lithotomy position.
 - d- Sims position.
- 16. The nurse In the operating theater understands the developing of hypothernita may result from:
 - a- increase muscle activity.
 - b- Intitsion of cold fluids.
 - c- Open body wounds.
 - d- B&C
- 17. When vomiting occurs postoperatively, the niost important nursing intervention is:
 - a- Measuring the amount of vomitus to estimate fluid loss.
 - b- Offering tape water to replace fluid loss.
 - c- Supporting the wound area so that straining will not disnhpt the integrity of the skin.
 - d- Turn the patient's head to prevent aspiration of vomitus.
- 18. The measures used to determine patient redness for discharge from PACU include all of the following:
 - a- Pulse oximitty reading of adequate oxygen saturation.
 - b- Oriented to command.
 - c- Urine out put not less than 30mI / hr.
 - d- All of above.



- 19. In Preoperative of respiratory status the nurse doing the %llo,cing acevt
 - a- Urged the patient to stop smoking 4-6 weeks before surgery
 - b- Taught the patient breathing exercises
 - c- Assess the gage reflux to maintain airway potency
 - d- Taught the patient how to use incentive spirometer
- 20. Which of the following electrolytes is considered as the major electrolyte in e,tra cellular fluid (BCE):
 - a- Potassium
 - b- Phosphate
 - c- Chloride
 - d- Sodium
- 21. Through regulation mechanisms of body fluid compartments, if there is tendency of substances to movement from an area of higher concentration to one of lower concentration this mechanism called:
 - a- Filtration
 - b- Osmosis
 - c- DiflUsion
 - d- Active transport
- 22. Which of the following statements is *incorrect* regard laboratory test for evaluation fluid status:
 - a- Serum osmolality is 280 300 mOsnWg
 - b- Normal specific gravity is 1.010 to 1.025
 - c- Hematocrite increased in case of dehydration
 - d- Blood Urea Nitrogen (BUlJ) is more specific indicator of renal function titan creatinine
- 23. If the patient developed decreased renal blood flow and the kidney released rennin enzyme, which of the following *knot* expected outcome:
 - a- Vasoconstrictive
 - b- increased sodium and water retention
 - c- Increased thirst stimulation
 - d- Inhibition of aldasteron secretion
- 24. Mr. Au admitted to the hospital as a case of FVE. The nurse expected that Xir. Xli might have:
 - a- Shortness ofbreath, crackles, distended neck veins
 - b- Increased weight, increased urine output, decreased B?
 - c- Decreased urine output, tachycardia, hypotension
 - d- Flattened neck vein, increase weight, increased BY'



- 25. Nursing intervention for the patient with serum Na 120 mEq/L includes all the following
 - a- Monitor orintake and output
 - b- Monitor neurological status
 - c- Encourage foods with high Na content
 - d- Encourage the intake of distilled water
- 26. The clinical manifestations of hyponatremia include the following *atevt*:
 - a- Peripheral and pulmonary edema
 - b- DuN mucous, poor skin turgor
 - c- Muscle cramps
 - d- Confusion and lethargy
- 27. Which of the following statements is *incorrect* regard hypokalemia:
 - a- May develop dysrhythmias and increased sensitivity to digitalis
 - b- Never administered KIM. push or IM in management
 - c- Encouraging intake of fluit, vegetables, milk, and meat
 - d- ECG Jindings reveal tall tented T wave
- 28. Management of patient with hyperkalemia include:
 - a- Administer oral or retention enema of kavexalate
 - b- Administer IV. calcium ghtconate
 - c- Administer sodium bicarbonates
 - d- All of above
- 29. Mr. San, eer admitted to the hospital with symptoms include tingling of fingers and around mouth, muscle spasm of lhce and extremities, and also Mr. Sameer has Trousseau's sign. The nurse expect that Mr. Sameer has:
 - a- Hypocalcemia
 - b- Hypercalcemia
 - c- Flyponatremia
 - d- Hypenlatreunia

Mr. Yaser is 70 years old admitted to the hospital as a case of sever diarrhea since 2 days. Lab results revealed serum osmolality 400 mOsm/L, BUN = 35 mg/dl, PCV 60%, 1W 90/50 mmHg. Q26, Q27, and Q28, are regarding Mr. Yaser case:

- 30. The proper nursing diagnosis for Mr. laser is:
 - a- EVE RI increase fluid intake A~'4B increased serum osmolality and BUN
 - b- FVD RT body fluid loss AMB lab results
 - c- High risk for FVD RI fluid volume loss AMB diarrhea
 - d- Non of above
- 31. The best medical management for Mr. laser Is
 - a- Administer loop diuretics
 - b- Administer lactated Ringer's solution I.V.
 - c- Administer hypertonic 3% Nacl solution I.V.
 - d- Administer D5W 5% solution IV.



- 32. The doctor ordered for other laboratory investigations which of the following laboratory findings is consistent with Mr. Yaser case:
 - a- hvpokalemia
 - b- 11yperkalemia
 - c- Decreased serum creat'mne
 - d- Decreased urine spedfic gravity
- 33. The nurse expect that Mr. Ahn,ad whose ABG's findings include; pH: 7.25, PaCo2: 60, and Hco3: 26 mEq/L, has:
 - a- Respiratory acidosis
 - b- Respiratory alkalosis
 - c- Metabolic acidosis
 - d- Metabolic alkalosis
- 34. which of the following LW. solutions is considered as hypotonic fluid:
 - a- 10% dextrose solution
 - b- 0.45% sodium chloride
 - c- Normal saline 0.9%
 - d- Lactated Ringer's solution
- 35. The most common cause metabolic alkalosis is:
 - a- rulmonary edema.
 - b- Overdose of sedation.
 - c- Vomiting.
 - d- Aspiration of foreign object.
- 36. Which of the following considered clinical manifestation of metabolic acidosis.
 - a- Confrsion.
 - b- Decrease blood pressure.
 - c- Presence of dvsrlaydhmias.
 - d- All of the above.
- 37. All the following are considered as contributing factors for EVE $\pounds g \sim p1$:
 - a- Congestive heart failure.
 - b- Renal failure.
 - c- Liver cirrhosis.
 - d- Diabetes mellittus.



II. Indicate weather each of the following stamens is (True) or (False).

36	Prothrombin time (PT) is used to assess patient receiving heparin therapy.
37	In managing collaborative problems the nurse use both physician and nurse prescribed interventions
38	The aim of pharmacological stress test is to increase the heart rate using special pharmacological agents.
39	Refusing to undergo a surgical procedure is a person's legal right and privilege
40	Surgery is contraindication when a patient has acute neplvitis
41	Myocardial contractility is vascular resistance against which ventricle must contract
42	A hypotonic solution has an osmolality less than 345 mosntKg.
43	When insulin is given to reduce hyperglycemia, in the treatment ofdiabetic ketoacidosis, potassium returns to the intracellular space,
44	reducing serum potassium to dangerous levels ifno replacement is given. Administering preanesthetic medication is one step of tmmediate preoperative nursing intervention
45	Two of the reasons that intravenous therapy may be prescribed is to replace e~ectrolytes and/or fluids.