

Al-Al Bayt University
Princess Salma Faculty of Nursing
Adult Health nursing

Course Title :Community Health Nursing

Course Number :1001461

Credit Hours :3

Pre requisite :

Placement :

Instructor: ,

Course Description :

General objectives :

nullCOURSE OBJECTIVE

Upon completion of this course students will be able to:

1. Describe the nature, philosophy and scope of community health nursing.
2. Identify the conceptual frameworks for community health nursing.
3. Describe current community health problems and issues.
4. Identify the role of the community health nurse in promotion of health and prevention of disease.
- 5 Use the "community as client" approach to apply concepts of disease prevention, health promotion, as well as nursing skills and techniques in providing care to the target population.
6. Demonstrate competence and judgment in performance of psychomotor skills appropriate to the management of clients.
- 7 Demonstrate ability to communicate coherently, comprehensively, and systematically verbally and nonverbally.
8. Apply the nursing process to the care of community-based clients individuals, families, groups, and the community itself-using principles of primary, secondary, tertiary prevention.
9. Apply both biostatistical/epidemiological and nursing research methods and findings to improve/enhance the delivery of nursing care in the community.

Course outline :

Introduction to Community Health Nursing

?The Concept of Community: community as client?The Concept of health, public health, health continuum.
?Historical Development of Community Health Nursing?Components of Community Health Practice?Characteristics of Community Health Nursing

Roles and Settings of Community Health Nursing

? The Community Health Nurse as Leader, Change Agent, and Case Manager
? Roles of community health nurse
? Case Management in Community Health Nursing
? Leadership Roles of Community Health Nurses
? Settings for Community Health Nursing Practice
? Urban and rural areas

Theoretical bases for promoting family health

?Family/family functioning?Family health?Universal Characteristics of family?Family structure?Family functions?Family developmental tasks

Planning, intervening, and evaluating health care to families

Planning, intervening, and evaluating health care to families

- ? The home visit
- ? Nursing skills used during home visits
- ? Components of the family health visit
- ? Focus of family health visits
- ? Personal safety on the home visit

Theoretical basis of community health nursing

Theoretical basis of community health nursing? Characteristics of community health nursing practice? Theories and models for community health nursing practice? Nightingale's theory of environment? Orem's self care model? Pender's health promotion model? Societal influences on community-oriented, population-focused nursing? Communication technology? Genetic engineering? Global economy? Climate changes

The community as client: assessment and diagnosis

- ? Myths perpetuated by an individualistic focus
- ? Community dynamics

- ? Types of community needs assessment
- ? Familiarization or windshield survey?
- ? Problem oriented assessment
- ? Community subsystem assessment
- ? Comprehensive assessment
- ? Community assets assessment
- ? Community assessment methods
- ? Survey
- ? Descriptive epidemiologic studies
- ? Focus group
- ? Sources of community data
- ? Primary and secondary sources
- ? Internal sources
- ? National sources ? related to Jordan
- ? Local sources
- ? Data analysis and diagnosis
- ? Process of analysis
- ? Community diagnosis formation
- ? Community diagnosis
- ? What is a healthy community-characteristics

- Nursing process components applied to community as client

- ? Interacting with the community
- ? Need for communication
- ? Aggregate application
- ? Definition of aggregate
- ? Forming partnership and building coalition
- Planning to meet the health needs in the community
- ? Using a model
- o The health planning process
- o The OMAHA system

- ? Setting priorities
- ? Establishing goals and objectives
- ? Recording the plan
- Implementing plans for promoting the health of aggregates in the community
- ? Preparation
- ? Activities or actions
- Evaluating implemented aggregate health plans
- ? Purpose
- ? Criteria
- ? Judgment skills
- ? Types of evaluation
- Nursing process characteristics applied to community as client
- ? Deliberative
- ? Adaptable
- ? Cyclic
- ? Client oriented
- ? Interactive
- ? Need oriented

Promoting the health of Maternal, prenatal, and newborn population and older adults

Promoting the health of Maternal, prenatal, and newborn population and older adults

- ? Health status and needs of pregnant women and infants
- ? Planning for the health of maternal infant populations
- ? Health programs for maternal infant populations
- ? Older adults

Epidemiology in community health nursing

Epidemiology in community health nursing

- ? Definition of terms: epidemic, pandemic, endemic
- ? Concepts basic to epidemiology
 - o Host, agent and environment model
 - o Definition of causality
 - o Chain of causation
 - o Multiple causation
- ? Immunity/types
- ? Risk
- ? Epidemiology of wellness
 - Sources of information for epidemiologic study
- ? Existing data
- ? Informal observational studies
- ? Scientific studies
 - Methods in the epidemiologic investigative process
- ? Descriptive epidemiology
- ? Analytic epidemiology
- ? Experimental epidemiology
- Conducting epidemiologic research

Environmental health and safety

- ? Definition of environmental health
- ? Concepts and theories central to environmental health
 - o Preventive approach
 - o Ecologic perspective
- ? Ecosystem
- ? Contaminant
- ? Toxic agent
- ? Long-range environmental impact
- ? Major global environmental concerns
 - o Over population
 - o Air pollution
 - o Acid rain
 - o Ozone depletion and global warming
 - o Water pollution
 - o Unhealthy or contaminated food
 - o Waste disposal
 - o Safety in the home, worksite, and community
- ? Strategies for nursing action in environmental health

Promoting and protecting the health of working population

Promoting and protecting the health of working population

- ? Environmental work factors
 - o Physical
 - o Chemical
 - o Biological
 - o Ergonomic factors
 - o Psychosocial factors
- ? Work-related health problems
 - o Occupational disease
 - o Health problems related to ergonomics
 - o Work-related emotional disturbances
 - o Work place violence
- ? Occupational health programs
 - o Disease preventive
 - o Health protection
 - o Health promotion
- ? Role of the occupational health nurse

Families in Crisis: violence and abuse

- ? Family crisis
- ? Types
 - o Developmental
 - o Situational
 - o Multiple
- ? Family violence against children
 - o Child abuse
 - o Child neglect

- o Emotional abuse
- o Physical abuse
- o Sexual abuse
- ? Reporting abuse
- ? Role of the community health nurse in caring for families in crisis

Communicable disease control @chronic diseases and public health problems in Jordan

? Definition of terms: communicable disease, infections, reservoir

? Basic concepts regarding communicable diseases

o Evolution of communicable disease control

o Global trends

? Modes of transmission

o Direct

o Indirect

o Airborne transmission

? Primary prevention

? Immunization

o Active immunity

o Vaccine

o Schedule of recommended immunizations

o Herd immunity

? Barriers to immunization coverage

o Religious

o Financial

o Social

o Cultural

o Philosophical

o Provider limitations

? Adult immunization

? secondary prevention

o Screening

o Criteria for screening tests

o Case findings

? Tertiary prevention

o Isolation and Quarantine

o Transmission by health care workers

o Safe handling and control of infectious wasters

? HIV/AIDS

o Description

o Incidence and prevalence

o Population at risk

o Prevention and intervention

? Other sexually transmitted diseases

o Gonorrhoea

o Syphilis

o Chlamydia

o Genital herpes

? Hepatitis viruses

o Hepatitis B

o Hepatitis A

o Hepatitis C

o Hepatitis D

o Hepatitis E

- Using the nursing process for communicable disease control

-Health problems in Jordan

Evaluation methodology :

References :

*Community and Public Health Nursing (6th ed, Boston: Mosby year Book, Inc., Stanhope and Lancaster, (2004

*Community Health Nursing 7th ed.). , Philadelphia: Lippincott-Ravin, Spradley, W. Barbara and Allender A. Judith,

*Community Health Nursing 6th ed, Philadelphia: Lippincott-Ravin., Spradley, W. Barbara and Allender A. Judith, (2005

Course Schedule :

Topic _____ **Hours**

Course Schedule:

Week

Topic

1st Orientation- Course Syllabus

Introduction to Community Health Nursing

? Historical Perspectives

? Nature and Philosophy, Definitions

Chapter 1 , P4

2nd Roles of the Community Health Nurse

Chapter 2 , P27

Settings for Community Health Nursing

Chapter 2 , P27

3rd Theoretical bases for promoting family health

Chapter 22 , P496

4th Assessment of families

Chapter 23, p516

5th Planning, intervening, and evaluating health care for families

Chapter 24 , P540

First exam

6th Theoretical basis of community health nursing

Chapter 17 , P392

7th The community as client: assessment and diagnosis

Chapter 18 , P406

8th Nursing process components applied to community as client

Chapter 19 , P429

9th

Promoting and protecting the health of school aged children

Chapter 28 ,p642

10th Promoting the health of Maternal, prenatal, and newborn population

Chapter 26 ,p595

Second Exam

11th Epidemiology in community health nursing

Chapter 8 ,p153

12th Environmental health and safety

Chapter 10 ,p226

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